

What is PSE about?

It is such a wide-ranging subject from personal hygiene to the houses of Parliament. What links them together?

The answer is YOU!

PSE is about you. It's about you as an individual, you as part of a family, you as part of the communities to which you belong and you as an active citizen in the twenty-first century. It's also about the people around you and about the United Kingdom as a whole.

PSE is about forming your own opinions and learning to understand people and how they work, play and live together.

Some work is written and this could be notes, diagrams, stories, letters, plays or other types of writing. Sometimes we have discussions either sharing ideas, making plans or working in role as another character.

You will also have the opportunity to find out more by carrying out research and this may involve questionnaires, newspapers or using the internet

Why are these lessons important?

"These lessons are important because YOU are important, and people around you are important. Anything that helps us understand each other and live together peacefully is important."

(Eileen Osborne & Stephanie Yates)

Topics covered include:

- Getting to know you
- Friends and family
- Finance
- Bullying
- Drugs
- Justice
- Healthy lifestyle
- Difference and diversity

- Child sexual exploitation
- Planning your future (options)
- Shoplifting
- Binge drinking
- Mental health
- Politics
- Relationship and sexual education